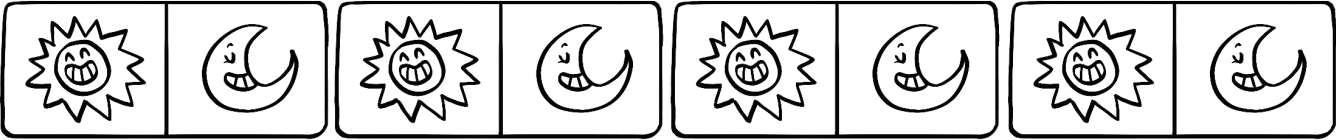


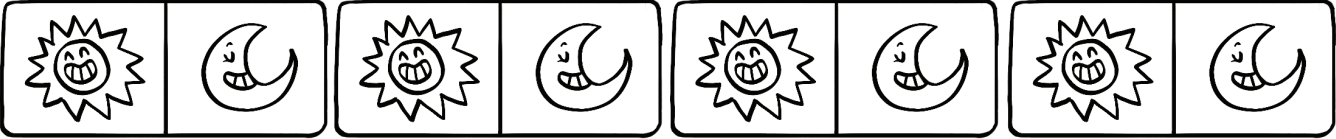
Have you brushed your teeth twice today?
Color in the boxes once you finish brushing!



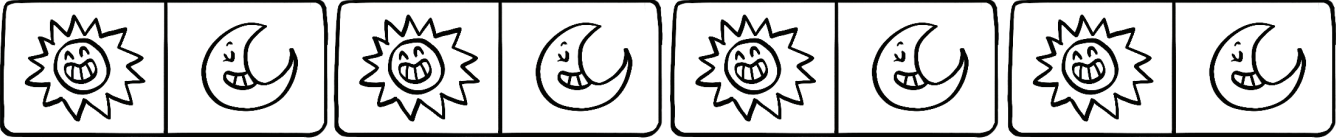
Sunday



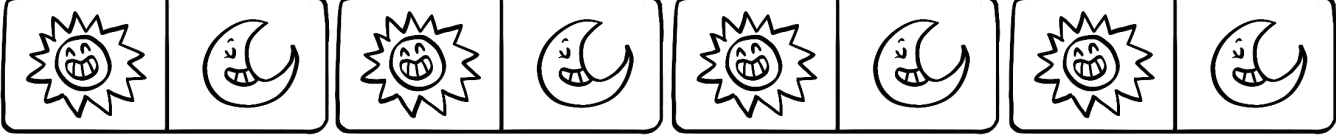
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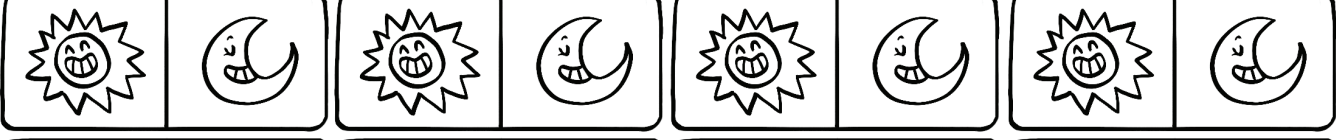
Tuesday



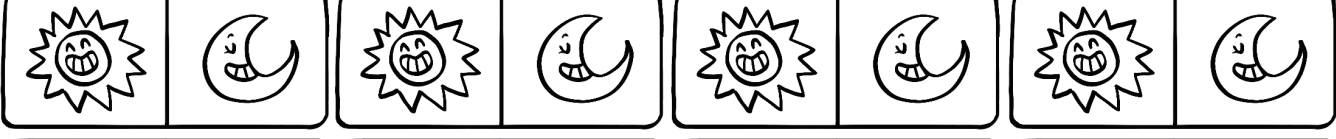
Wednesday



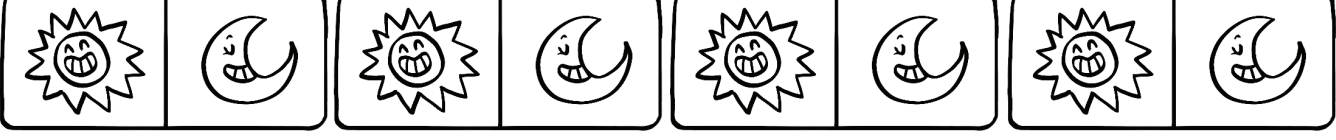
Thursday



Friday



Saturday



Visit MouthHealthy.org/ToothTeam for more activity sheets.

HEALTHY SMILE TIPS



Brush your teeth twice a day with a fluoride toothpaste.



Clean between your teeth daily.



Eat a healthy diet that limits sugary beverage and snacks.



See your dentist regularly for prevention and treatment of oral disease.



ADA American Dental Association®